



30 DAYS
TO A
SODA FREE
ME!



DRINK
MORE
WATER!

DAY 9

DAY 10 - will
this day
ever end?

FOR
SUNDAY 1
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DAY 2

DAY 3
Gotta Be Me!

DAY 4

DAY 5
I'm still ALIVE!

DAY 6

DAY 8
POING GREAT!

DAY 14

DAY 13

AND I'M ALMOST THERE!
DAY 17

DAY 15

DAY 16

NOW JUST LOOK AT ME!
30 DAYS
SODA FREE!