One Week WHOLE30 Menu Plan

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	Breakfast	Lunch	Dinner
S	Crustless Quiche	Buffalo Chicken Bites & ABaked Sweet Potato	Meatloaf & Potato Bites
M	Baked Egg Fresh Herbs & Bacon	Brussels Sprouts Salad with Dressing	Grilled Greek Lemon Chicken
T	Breakfast Sandwich	Chicken Salad	Thai Green Curry
W	Hard Boiled Eggs & Fresh Fruit	Watermelon Salad	Cauliflower Kale Avocado Soup
T	Sweet Potato Breakfast Casserole	Cauliflower Curry	Crock Pot Cauliflower Chicken Chili
F	Sweet Potato Bacon Waffles	Roasted Pork Tenderloin & Fresh Snow Peas	Stuffed Cabbage
S	Beet Ginger Smoothie	Jalapeño Turkey Burgers	Tropical Mango Ceviche